

Section III

Health

A. Medical Facilities

Staff	Origin
a. Does at least one member of the camp's medical personnel hold a current Cardiopulmonary Resuscitation (CPR) certificate?	CCA NI
b. Are arrangements made prior to the opening of camp at the nearest hospital for quick support in the case of an emergency?	CCA NI
c. Does the camp have at least one of the following on-site and accessible all the time: a licensed physician; a currently registered nurse; a certified nursing assistant; a first aid attendant (EMT or Advanced First Aid), or a certified Standard First Aider?	CANS
d. If the camp has a camper(s) with a medical condition(s) that requires daily monitoring, does the camp have a licensed physician on-site or on-call as required by the condition(s)?	
e. Has the camp arranged with a nearby licensed physician to be on-call if one is not in residence?	
f. Is health care staff involved in the yearly evaluation of the medical health program?	

Equipment/Supplies	Origin
a. Are all medications handed over to the medical staff when campers arrive at camp, along with dispensing information?	CCA NI
b. Are medications kept in a locked storage area?	CCA NI
c. Does only medical staff dispense medications?	CCA NI
d. Is the camp equipped with an adequate Nova Scotia First Aid Kit?	Dept. of Health
e. Is the First Aid Kit checked and restocked regularly?	CCA NI
f. Does the camp have an infirmary or isolation quarters?	
g. Is the infirmary adequately equipped to handle all of the normal medical needs (Appendix B)?	
h. Does the infirmary have an entrance of adequate size to permit optimum ease of access for an ambulance stretcher?	
i. Are medications dispensed in the presence of another staff member?	
j. Has the camp physician or nurse prepared a list of required stock medications, their proper use, appropriate dosages, route of administration, and frequency?	

k. Does the camp dispose of used hypodermic needles in sealed appropriate containers (i.e. plastic sealable containers) for disposal that are labeled "BIO-HAZARD"?	
l. Are all materials (such as materials for cleaning wounds) contaminated with blood products disposed of in sealed appropriate containers (such as plastic garbage bags) for disposal and labeled "BIO-HAZARD"?	
m. Does the camp have a written policy, known to all staff on the safe handling of infectious diseases such as AIDS and hepatitis, especially in regard to the handling of blood products?	
n. Does the infirmary have one bed for every 50 campers?	
o. Is there continual supervision of campers in the infirmary or health care shelter?	

Records	Origin
a. Does the camp have health records for campers and staff on-site that include information about allergies, immunizations, significant illnesses, and any limitations that would affect activity in the camp?	CCA NI
b. Has the medical history been obtained within the last six months?	CCA NI
c. Does the camp keep a log of all medications given to campers and staff, including non-prescription drugs, and retain it for at least three years?	CANS
d. Are there current anecdotal health care records kept by the health care staff indicating the frequency and type of care received by each camper and staff member?	
e. Does the director or person in charge of health care report promptly to the local medical officer all occurrences of unusual infections or maladies including food poisoning?	

B. Meals and Nutrition

General	Origin
a. Is there a written menu plan?	
b. Does the menu follow the Canada Food Guide, or does a knowledgeable person plan the menu (i.e. a dietician or nutritionist)?	
c. Is all the milk used pasteurized?	
d. Are satisfactory arrangements made to identify and respond to special dietary needs?	
e. Is all food purchased from an approved source?	

f. Does the camp maintain records of food supplies used during any one camping season that includes the types of foods purchased, costs, meal counts, menus served, and inventories on hand?	
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C. General

General	Origin
a. Are parents and guardians notified of a serious illness or injury?	CANS
b. Are efforts made to avoid materials and foods that may cause allergic reactions?	CANS
c. Have all domestic animals that are likely to come in contact with campers been previously vaccinated for certain diseases (i.e. rabies, distemper, etc.)?	
d. Is the infirmary equipped with exterior lighting so campers can locate it at night?	