

WELCOME TO THE CAMP

CANSPEI
NEWSLETTER



In association with the



Canadian Camping Association
Association des camps du Canada



in this issue

Big Cove YMCA - Celebrating 50 years!

CANS Accreditation Standards Manual revision

The meaning of accreditation

Because of camp...

Calling all members

Nurses notes

Notice about ticks

Congratulations Camp Geddie!

SunSafe Nova Scotia

Upcoming events

CANSPEI

The Camping Association of NS and PEI, or CANSPEI, is a non-for-profit organization supported by the provincial government of Nova Scotia. We are dedicated to supporting and serving the residential camps of Nova Scotia and PEI.

volunteer with CANSPEI

Are you interested in volunteering with CANSPEI? Would you like to be part of shaping the future of CANSPEI? Contact us for more information on how you can be a part of it!

newsletter

Do you have an idea for our next newsletter? Is there something you'd like contribute? Contact us!

stay in touch

Join us on Facebook and follow us on Twitter! We are doing our best to keep you up to date with what we've got on the go!

celebrating 50 years of women in camping at Big Cove YMCA Camp

Chickety Rick! This year marks another important milestone at Big Cove YMCA Camp. Although it has a long and eventful history, it was only 50 years ago that women started to camp here at Big Cove. We are celebrating this anniversary with a reunion for women campers on Saturday September 8th, 2012 – rain or shine, from 10am until 4pm. Registration information can be found on the website at:

<http://www.bigcove.org/big-cove-alumni/celebration-50.html>

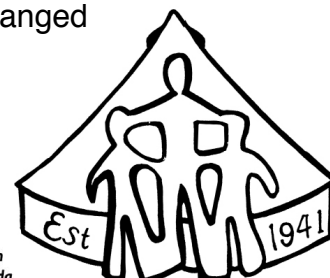
If you know any women alumni or are one yourself, please sign up online and come back to see how much (or how little!) camp has changes over the years. Enjoy some of the program activities we now offer at camp and hear about how Big Cove YMCA Camp has changed the lives of so many women. Don't wait any longer and register today!



In association with the



Canadian Camping Association
Association des camps du Canada



CANS accreditation standards manual

We are in the process of reviewing and updating the Camping Association of Nova Scotia's Accreditation Standards Manual! (Finally, we know!) We understand the importance of safety at camp, and are working to help you provide your campers with the best experience you can. Some of the things you can look forward to seeing in the revised manual may include standards regarding having a mission statement, sun safety, and low ropes & initiatives tasks. If you have any questions, comments or concerns related to the revision of our manual, please contact us.

the meaning of accreditation

http://www.ccamping.org/_customelements/uploadedResources/TheMeaningofCampAccreditation.pdf

Each provincial camping association determines comprehensive standards and administers an accreditation program to ensure a safe and healthy experience for the children and youth attending camps in their province.

All camps are obliged to meet minimum regulations dictated by provincial and federal legislation in areas such as health care, food service, fire safety, transportation, boat and water safety, employment standards and building codes. However, accredited camps voluntarily abide by additional standards, which are deemed best practices by camping experts in areas such as safety, program, leadership and management practices.

Regularly, provincial camping associations review their standards and revise them when needed to reflect current trends and changes in legislation. Each and every day, accredited camps commit to uphold the hundreds of standards that ensure the highest quality experience for children and youth in their care.

because of camp...

We asked you what being involved in summer camp ment to you, and this is what you told us!

- ... I can honestly say I have made a difference in someones life.
- ... I am greatly enriched.
- ... I am more confident in my abilities.
- ... I have friends.
- ... I have a job worth going to.
- ... I got to learn to swim.
- ... I get to see people change.
- ... I get to help bring joy and smiles to kids faces.
- ... I am the person I am today.

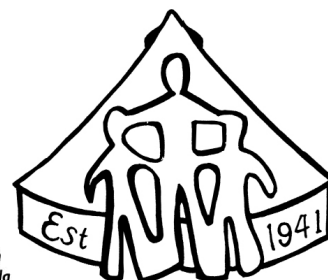
What has camp done for you? Please share your stories with us! How would you finish the sentence "Because of camp..."



In association with the



Canadian Camping Association
Association des camps du Canada



calling all members...

There are a few things we'd like to get from you!

year-round contact information

As a member of The Camping Association of Nova Scotia it is required that we have the most up-to-date contact information for you, so that we are able to get in touch all year. Please send us the following information, so we can verify it with our records. The name of your camp, a year round contact person (or two - one for the summer and one for the off season), telephone number(s), e-mail address, civic address, mailing address, and camp website.

CANSPEI activity manual

This summer we are creating our very own Activity Manual and are looking for contributions from our members. If you are interested in contributing your favorite or unique game, please send Miranda the following information at canspei@gmail.com

Your name & camp	Description
Activity title	Variations
Equipment	
Objective	



award nominations

CANSPEI is looking for nominations for the following awards. Deadline for nominations is November 10, 2012.

CANSPEI Award of Recognition

Betty Campbell Camper Award

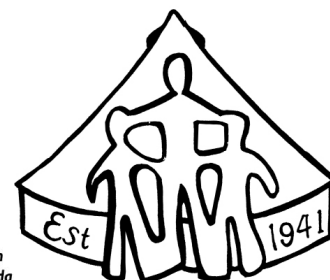
For more information, visit our website. <http://www.campingns.ca/members/award-nomination-forms>



In association with the



Canadian Camping Association
Association des camps du Canada



nurses notes

Please continue to check the Health Canada website for updates on advisories and warnings for summer camps.

http://www.hc-sc.gc.ca/ahc-asc/media/advisories-avis/_2012/index-eng.php#jul

notice about ticks

Last month we gave you some information about *Blacklegged ticks* and *lyme disease*. Please be advised that not all blacklegged ticks carry lyme disease, nor do all blacklegged ticks that do carry lyme disease, transmit it.

In Nova Scotia and PEI we have several species of ticks, however only one (the blacklegged tick) holds the risk of transmitting lyme disease. The most common species of ticks found in NS and PEI is the dog tick.

Regardless of the type of tick, it will take it a few hours to fully attach itself to you or your pet, so it is best to check yourself often. If you find that a tick has made its way onto you simply remove it with a pair of tweezers as soon as you can. When removing, remember to avoid twisting or turning the tick to ensure that you remove the full tick, and to minimize the risk of infection. Once you have removed the tick, wash the area well and apply an antiseptic. If you have troubles removing the tick, or if infection occurs, contact your doctor.

For more information on ticks, visit

<http://www.gov.ns.ca/natr/forestprotection/foresthealth/ticks-sum2010.asp>



congratulations

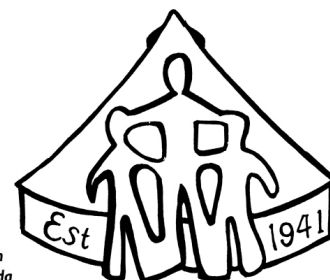
to Camp Geddie for a successful day of honoring a great friend and worker of their camp. Rev. Dr. Donald Walker Mackay was a former Executive Director of Camp Geddie, who loved camp very much. After passing away last year, Camp Geddie decided to honor such an important man and on July 27th, 2012 “The Donald Walker MacKay Chapel” was formally named. It just so happens that it is also where Dr. Mackay was ordained in 1968 and had his marriage blessed in 2005.



In association with the



Canadian Camping Association
Association des camps du Canada





Protecting yourself from the sun is important for many reasons. Protecting other people's children from the sun is part of our job. We spoke with Tracy Burgess from SunSafe Nova Scotia and she provided us with a few tips to help create a culture that supports Sun Safety at camp:

When outside all staff and campers should wear a hat. When staff practice Sun Safety it makes it seem natural for campers to do the same thing. Perhaps you can do random hat checks throughout the week. If a cabin is "caught" with everyone wearing their hat they get a prize or earn extra cabin points.

Post the daily UV Index on a white board or chalkboard as an awareness tool for staff and campers

Make sunscreen application part of your schedule. Reapplication is recommended every 2 hours and directly after swimming. Some camps attach sunscreen application to meal/snack times as those happen approximately every two hours and makes it easy to remember.

Seek shade whenever possible. Lining up for lunch or playing a game - look for shade and use it when possible.

The National Sun Survey Highlights Report from 2008 tells us that over 50% of children get their worst sunburn while watching or participating in outdoor recreational activities. Sun Safe Nova Scotia wants to help lower this stat by meeting your camp where it is and building on current sun safety practices. To do this we have educational/training tools and policy resources - both the tools and resources support positive behaviour change, ensure consistency from year to year, manage the risks of the sun while still enjoying it and help create a sun safe culture.

Would you like help to improve your sun safe practices and/or develop policy and practices for the 2013 Camping Season? *Please contact Tracy Burgess with Sun Safe Nova Scotia at sunsafety@eastlink.ca to explore the possibilities and get started this Fall or Winter.*

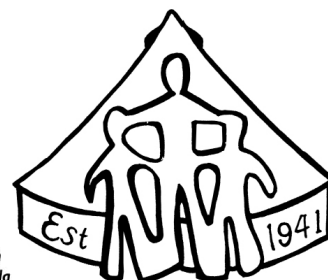
For more information visit <http://www.cancercare.ns.ca/recreation>



In association with the



Canadian Camping Association
Association des camps du Canada



upcoming events & important dates

- July 27, 2012 "Geddie, Beautiful Geddie", a book of Camp Geddie's history, goes on sale. Books are \$20, get yours today!
For information, visit www.campgeddie.ca
- September 8, 2012 Big Cove YMCA Camp reunion for women campers! Event will take place from 10-4 at Big Cove.
For more information, visit <http://www.bigcove.org/big-cove-alumni/celebration-50.html>
- September 13, 2012 HRM Workshop: Fund Raising
For information, visit www.halifax.ca/volunteerservices/workshops.html
- September 20, 2012 HRM Workshop: Step up to leadership - FREE 10 session course
For information, visit www.halifax.ca/volunteerservices/workshops.html
- October 24-26, 2012 2012 Annual Recreation NS Conference & Trade Show "Recreation, The Power of Community"
For information, visit www.recreationns.ns.ca/conference
- November 10, 2012 Deadline for nominations for the Betty Campbell Camper Award and the CANSPEI Award of Recognition.
For information, visit <http://www.campingns.ca/members/award-nomination-forms>
- TBA Recreation PEI is available to provide your camp with HIGH FIVE PEI Training Opportunities, at a convenient date for you. To discuss costs and to arrange for training, contact info@recreationpei.ca

Is there something you are proud of that you'd like to share with our readers? Are you celebrating an anniversary? We are proud of you too and would love to shout it to the world! Keep us updated with information so we can let people know!



In association with the



Canadian Camping Association
Association des camps du Canada

